

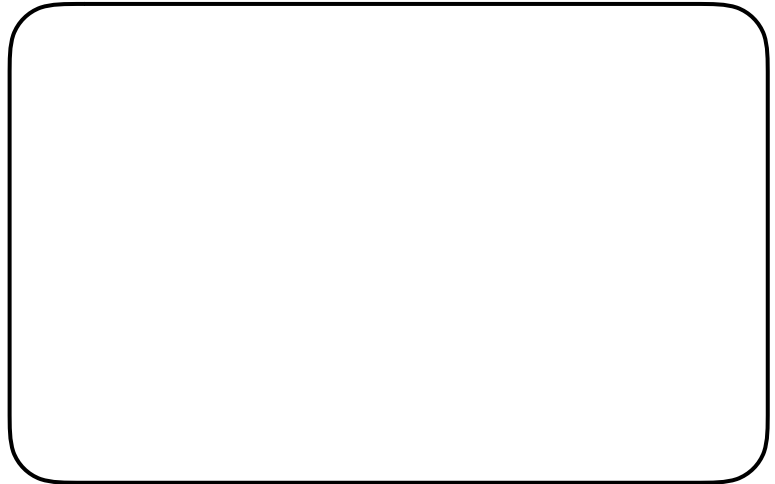
ACTIVITY TO TRY

Are you thirsty? Have a tiny little drink of water. Does that help refresh you? How long will that little drink keep you refreshed before you need another little drink?

QUESTIONS TO TALK ABOUT

What is your favourite refreshing drink?

Draw a picture here of a cool refreshing drink . . .



How long does that keep you refreshed? _____

How long before you need another drink? _____

In what ways can God refresh us?

How can we be refreshed by God more?

