2 MINUTE TWIST!

AS SEEN ON TV TBN UK

EPISODE 20 - TREEHOUSE

What is on the inside?

For more fun from Twist visit twistonline.co.uk

ACTIVITY TO TRY

Do you have an activity tracker or heart rate monitor in the house? Or can you check your pulse? What makes your heart rate go faster?

In the Bible it says, **"Then the Lord God formed a man. He made him out of the dust of the ground. God breathed the breath of life into him. And the man became a living person."** Genesis 2.7

QUESTIONS TO TALK ABOUT

What do you see when you look inside your bedroom? How tidy is it on a scale 1-10?

_____

1 5 10

How would you describe yourself?

_____

What are you like on the inside?

_____

What does God see when he looks at you heart?

_____

How does that make you feel?

_____

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